#3 PIZZA IS PLANTS

CONTENT  Most of the food we eat comes from plants. (Everything but water and salt!)

GRADE LEVEL  K-6.

OBJECTIVES  Understand that everything we eat (except water and minerals, such as salt) comes from plants.

PROCESS AND RESEARCH SKILLS  Comprehension, application, analysis, synthesis, observation, decision making.

PRODUCT  Introduction and understanding of how much of our existence depends upon plants.

SUGGESTED LOCATION  In the classroom or under a large tree.

TIME REQUIRED  10 to 15 minutes.

MATERIALS  None.

ACTIVITY AND DISCUSSION  1. What did you have for lunch today?
2. Did you eat anything, or have any product that was in your lunch that did not come from a plant? (Only mineral objects, such as plastic bags, salt, water, etc. do not originate from plants.)
3. Responses will be brisk: pizza, hamburger, cheese, bologna, chocolate, lollipop, etc. Briefly track back each item to its source to prove that most of them originally started with plants.
4. Discussion: How important are plants for food?

EVALUATION  Participation in discussion.

EXTENSION  Can you think of other things that we get from plants? (clothing, beauty, paper, fuel, building materials, etc.) Complete lesson plans, “Shopping for Plants” and “Plant Products.”