



# Green Mountain National Forest

## Rattlesnake Cliffs and Aunt Jenny Trail

Caring for the Land and Serving People

### Trail Facts:

<b>Length:</b> 3.2 miles round trip	<b>Feature:</b> Cliffs, Views, Oak Ridge Trail Access
<b>Max. Elevation Change:</b> 870 feet	<b>USGS maps:</b> East Middlebury Quad
<b>Amount of use:</b> Moderate	<b>Hiking level:</b> Moderate - Difficult
<b>Average trip time:</b> 2 ¼ – 3 ½ hours round trip	

### Trail Description:



Starting at the Silver Lake parking off Route 53, go up the Silver Lake trail to the Falls of Lana Picnic Area. At the picnic area take a left onto Rattlesnake Cliffs Trail and follow the trail around, passed the lower end of the Aunt Jenny Trail and the North Branch Trail. After climbing for about one mile, it passes the upper end of the Aunt Jenny Trail, then forks at the Oak Ridge Trail. Another fork to the left leads to the dramatic South Rattlesnake Cliff with a view of Silver Lake and Lake Dunmore. The right fork leads to a smaller set of cliffs with views west to Lake Dunmore and the Adirondack Mountains. To make a full loop, head back to the Aunt Jenny trail junction and travel south down Aunt Jenny trail. The trail will connect back to Rattlesnake Cliff trail, and then connect to Silver Lake trail leading back to Silver Lake parking lot. From March to August some years, the trail to the cliffs is closed to protect nesting Peregrine Falcons. Please practice Leave No Trace ethics, such as carry out what you carry in.

### Directions:

**From Middlebury**, travel south on Route 7 to its intersection with Route 53. Follow Route 53 for 3.9 miles. Trailhead parking is a paved parking lot, located on the left and prominently marked. From the north end of the parking lot, follow the footpath to a service road and turn right. At a sharp curve in the road, there is a toilet building. Bear left here and over a bridge to reach the Falls of Lana Picnic Area. The trail begins at the Falls of Lana Picnic Area.

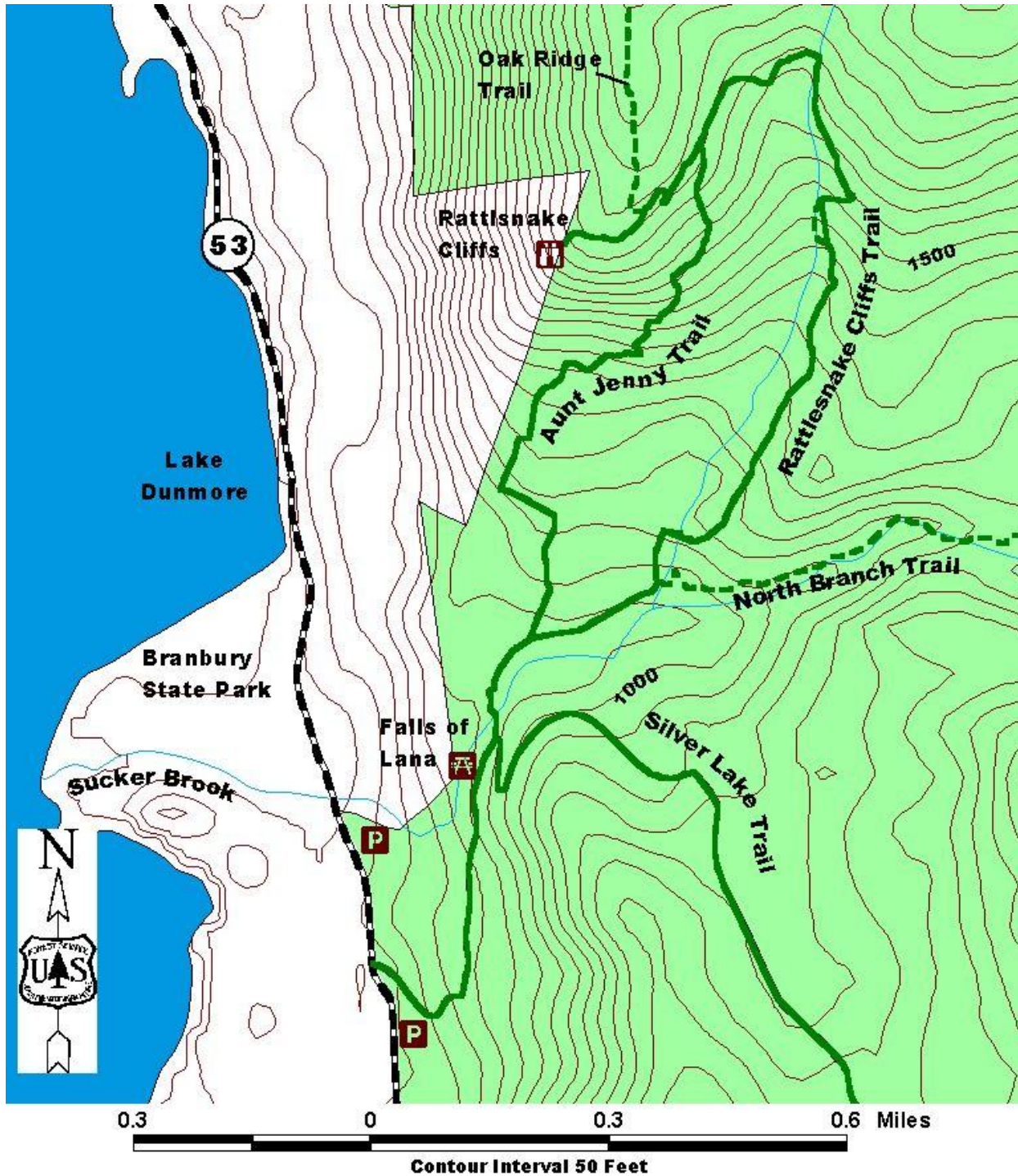
**From Rochester**, travel south on Route 100 to its intersection with Route 73. Travel 13.6 miles east on Route 73. Turn right onto Route 53, and follow it 5.3 miles. Trailhead parking is a paved parking lot, located on the right and prominently marked. From the north end of the parking lot, follow the footpath to a service road and turn right. At a sharp curve in the road, there is a toilet building. Bear left here and over a bridge to reach the Falls of Lana Picnic Area. The trail begins at the Falls of Lana Picnic Area.

### Area Services:

<b>Food and Services:</b> Lake Dunmore and Middlebury restaurants and fuel stations	
<b>For all Emergencies: 911</b>	
<b>911 Information:</b> The Trailhead is in the Town of Salisbury, on Route 53	
 <b>U.S. Department of Agriculture</b>  <b>Forest Service</b>	<b>Green Mountain &amp; Finger Lakes National Forests</b> 231 North Main Street, Rutland, VT 05701 (802) 747-6700 Phone      (802) 747-6766 FAX Website: <a href="http://www.fs.fed.us/r9/gmfl">www.fs.fed.us/r9/gmfl</a> <a href="mailto:r9_gmfl_webmaster@fs.fed.us">r9_gmfl_webmaster@fs.fed.us</a>

The USDA is an equal opportunity provider and employer.

**Map:**



**For More Information:**

Middlebury Ranger District, 1007 Route 7 South, Middlebury, VT 05753, (802) 388-4362  
 Rochester Ranger District, 99 Ranger Rd., Rochester, VT 05767, (802) 767-4261

This Recreation Guide is Available in Large Print at Forest Service Information Centers

Last modified 02/02/10