



Cumberland Falls Area Map #6

LONDON DISTRICT • DANIEL BOONE NATIONAL FOREST • KENTUCKY



London District Office
761 S. Laurel Road
London, KY 40744
606-864-4163



Location
20 miles southwest of
Corbin, KY. Take US 25 W
to KY 90. From I-75, take
exit 25 or 15.

Nearby Facilities

Cumberland Falls State Resort Park

Cumberland Falls, known as the "Niagra of the South", is the second largest waterfall east of the Rockies. These dramatic falls form a 125 feet wide curtain of water that plunges 68 feet into a boulder-strewn gorge below. The mist of the Cumberland Falls creates the magic of the moonbow, only visible on a clear night during the full moon.

Cumberland Falls is located within Cumberland Falls State Park. Park facilities include a lodge, cabins, campground, picnic grounds and shelter, swimming pool, tennis courts, picnic area, and gift shop. Recreation opportunities include fishing, hiking, tennis, horseshoes, white water rafting, guided trail rides, playgrounds, and interpretive programs.

Cumberland Falls State Resort Park is operated by Kentucky State Parks. For reservations, call 1-800-325-0063. For general information, call 1-800-255-PARK (TDD Equipped).

Camping Shelters

The Forest Service administers two adirondack shelters, Bark Camp and Star Creek shelters. Both are located on the Moonbow section of the Sheltoewe Trace National Recreation Trail. For those who enjoy a primitive camping experience, these shelters are available on a first-come, first-served basis. No restroom facilities are available. Plan on packing in your drinking water and packing out your trash.

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Trail #100 Sheltoewe Trace (Moonbow Trail)

The section of the Sheltoewe Trace that runs from Cumberland Falls to the Mouth of Laurel Boat Ramp is also known as the Moonbow Trail. It begins at the Gift Shop at Cumberland Falls State Park. The first two miles follow state park trails. It is wise to get a map of the park if you are hiking this section of trail.

Dog Slaughter Creek Trail connects with the Sheltoewe at the mouth of the creek. It is a short walk up the trail to Dog Slaughter Falls. There is a new bridge spanning Dog Slaughter Creek.

The Moonbow Trail is one of the most scenic trails on the London District. It follows the banks of the Cumberland River below 100 feet cliffs and past house-sized boulders. The two shelters on the trail sleep six people and are available on a first-come, first-served basis.

Sections of this trail may be submerged during periods of high water. There is an alternate high water route that leads uphill on the north side of Bark Camp Creek. Hikers should check with the London Ranger District office before hiking the trail after heavy rains.

- Begins: Parking area at Cumberland Falls State Park
- Ends: Mouth of Laurel Boat Ramp
- Length: 10.6 miles
- USGS Quads: Sawyer and Cumberland Falls
- County: Whitley
- Restrictions: Closed to horses and motorized vehicles in park, closed to motorized vehicles in National Forest.
- Parking: Ample parking at both ends of trail
- Hiking Difficulty: Strenuous
- Trail Surface: Dirt, concrete (first 200 yards)
- Connections: Trail connects with several park trails before reaching Forest boundary. National Forest Trails: Dog Slaughter Trail #414, Bark Camp Trail #413

Trail #413 Bark Camp

This is a popular trail that follows the north side of Bark Camp Creek to its mouth at the Cumberland River. The trail passes under rockshelters and cliffs. There is a small waterfall about a mile from the trailhead and a beautiful series of cascades near the trail's junction with the Sheltoewe Trace.

An adirondack shelter is located on the Sheltoewe Trace about one tenth mile south of the its junction with Bark Camp Trail. The creek is stocked with rainbow trout.

- Begins: Forest Road 193, two miles south of junction with KY 1277
- Ends: Cumberland River
- Length: 2.6 miles
- USGS Quad: Sawyer
- County: Whitley
- Parking: 3-4 cars at trailhead
- Hiking Difficulty: Moderate
- Trail Surface: Dirt
- Connections: Sheltoewe Trace Trail #100
- Restrictions: Closed to motorized vehicles

Trail #414 Dog Slaughter

The trail runs parallel to Dog Slaughter Creek through dense stands of hemlock and rhododendron. At 2.2 miles, a bridge crosses the creek and leads to another trailhead 50 yards up the trail. There is a 15 foot waterfall near the mouth of the creek. The last 0.2 miles of trail meander over and around massive boulders.

- Begins: Forest Road 195, 0.8 miles from its junction with KY 90. A second trail head starts 2.7 miles from the KY 90 junction.
- Ends: Cumberland River
- Length: 4.1 miles
- USGS Quad: Cumberland Falls
- Parking: At trailhead; 2 cars
- Hiking Difficulty: Moderate
- Trail Surface: Dirt
- Connections: Sheltoewe Trace Trail #100
- Restrictions: Closed to motorized vehicles
- County: Whitley

Trail#418 Moonshiners Arch

This short trail leads to Moonshiner's Arch. The first half of the trail follows the upper edge of a cliffline. Children should be well supervised along this section of the trail.

- Begins: KY 90, 2 miles east of Cumberland Falls State Park
- Ends: Moonshiner's Arch
- Length: 0.2 miles
- USGS Quad: Cumberland Falls
- County: Whitley
- Parking: At trailhead; 1 car
- Hiking Difficulty: Easy
- Trail Surface: Dirt
- Connections: None
- Restrictions: Closed to motorized vehicles and horses



United States Department of Agriculture

Forest Service • Southern Region • Daniel Boone National Forest

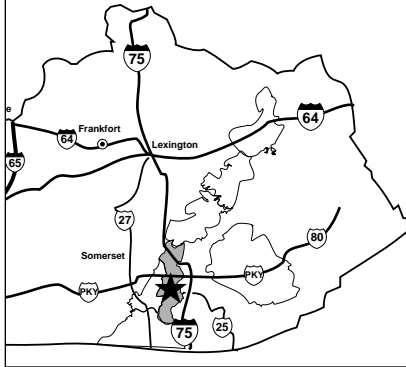
Supervisor's Office, 1700 Bypass Rd., Winchester, KY 40391 • (859) 745-3100



Cumberland Falls Area Trails



London Ranger District Daniel Boone National Forest



- Paved Road
- Gravel Road
- Trail
- Distance in miles
- State or County Road
- Forest Road
- Forest Trail
- Shelter
- Parking
- Boat Ramp
- Overlook

0 1.5 miles

