

HIGH CASCADE FOREST VOLUNTEERS

May 15-17, 2009 Westfir/Oakridge Training Weekend

The High Cascade Forest Volunteers and the Willamette and Deschutes National Forests invite you to attend the annual volunteer training weekend. The sessions offered are designed to train new and returning volunteers. The training weekend offers the opportunity to meet other people who are interested in working to provide quality recreation experiences for forest visitors. There is **no cost** for this training opportunity. The only requirements are your time and enthusiasm.



Mission Statement

The mission of the High Cascades Forest Volunteers is to help maintain, restore, and preserve the public lands and resources administrated by the National Forest Service for present and future generations.

What to Bring

Double check the “Bring” list for your classes to see if you’ll need any of the items below:

- | | | | |
|--------------------------|--------------------|--------------------------|-------------------|
| <input type="checkbox"/> | Gloves | <input type="checkbox"/> | Hard hat |
| <input type="checkbox"/> | Boots | <input type="checkbox"/> | Ear protection |
| <input type="checkbox"/> | Long pants | <input type="checkbox"/> | Eye protection |
| <input type="checkbox"/> | Long sleeved shirt | <input type="checkbox"/> | Chain saw & chaps |
| <input type="checkbox"/> | Compass and/or GPS | | |

Items everyone should bring:

- Your Personal Calendars**
- Mosquito repellent
- Rain gear
- Sunscreen
- Day pack
- Camp chair
- Personal First Aid Kit
- Beverage mug/glass to reduce the use of paper products.
- Tent or other abode if camping
- Headlamp or flashlight if camping
- Warm clothing for evening if camping. It can get might chilly at night in May.

Please Note: The school grounds are a non-smoking venue.

Accommodations

Free tent and RV camping will be available on the school grounds. There will be no RV hook ups, but showers are available in the school. If the weather turns wet we can move the tent campers inside the building.

Casey's Riverside RV Park; 46443 Westfir Road, Westfir OR 97492,
541-782-1906 Email: info@caseysrvpark.com www.caseysrvpark.com.
Good Sam Club discounts.

Motels: Best Western Oakridge Inn – 541-782-2212
Oakridge Motel – 541-782-2432
Ridgeview Motel – 541-782-3430
Westfir Lodge – 541-782-3130

Directions to Westridge School – Westfir

From the east take Hwy 58 to Oakridge. Go through Oakridge, 0.6 of a mile past mile post 32, turn right at the Westfir turn off. The Middle Fork Ranger District office will be on the left.*

From the west take I-5 to the Hwy 58 exit 188 Oakridge turn off. Travel east on Hwy 58 - 0.4 of a mile past MP 31 turn left at the Westfir turn off. The Middle Fork Ranger District office will be on the right.*

***The entrance to the school will be on your left about 0.3 of a mile. Follow the signs.**

Meals For Westfir/Oakridge

FRIDAY

Lunch		On your own. Plan to eat before you get here or bring a sack lunch to eat during Orientation.
Dinner		On your own
<i>Dinner: (Hamburger, chicken patties, Veggie burgers) Served w/side dishes. Bring a Dessert to share</i>	6:30	Come meet the Forest Service Staff.

SATURDAY

Breakfast		On your own.
Lunch	1-2:00	On your own.
Dinner <i>(Spaghetti & Salad)</i>	6:30	Ice chests filled with ice will be available for the drinks.

SUNDAY

Breakfast		On your own.
Lunch		On your own.

Don't forget to bring your personal Calendars. Information and sign up sheets about the Summer volunteer projects will be available. It will be an opportunity to ask questions about each project and decide how you would like to help.

The hours you spend at the training sessions, all the hours you spend volunteering for projects and your travel time to and from the training and projects are valuable to the Forest Service and

Pacific Crest Trail Association. The process for turning in your hours will be explained on the training weekend.

Thanks for coming!

**Special thanks to
Willamette and Deschutes National Forests
Pacific Crest Trail Association**

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If you have questions please contact:

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