



# News Release

United States  
Department of Agriculture

Forest Service  
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[www.fs.fed.us/r1/lewisclark/news/index.shtml](http://www.fs.fed.us/r1/lewisclark/news/index.shtml)

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FOR IMMEDIATE RELEASE

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## WINTER WARM-UP PROGRAMS

Lewis and Clark Interpretive Center (LCIC) staff will be conducting informal, hands-on workshops on different aspects of life during the time of the Lewis and Clark expedition.

**"WINTER WARM-UPS"** are on Saturday mornings, January 14 through February 18, 2006, 10 a.m. to noon, at the LCIC Resource Center. Each week, an instructor will offer a brief overview of a topic, and then guide class participants through a hands-on project. These activities are designed to be family-friendly, and parents have the option of helping their children as well as taking part in the program themselves. Cost is \$5.00, with one free "helper" allowed for each participant.

PRE-REGISTRATION REQUIRED -- Classes are limited to 20 participants.

Topics include:

January 14 - "Making Moccasins" Participants learn to make a pair of blanket moccasins while learning about footwear on the Expedition.

January 21 - "Indian Homes" Participants make a model tipi or earth lodge home from craft materials while learning about different Indian homes.

January 28 - "Indian Game Hoops" Participants construct traditional game hoops and learn some original Indian games using them.

February 4 - "Food on the Trail" Participants make pemmican and jerky while learning about how food was preserved and prepared in 1805.

February 11 - "Bull Boats" Participants construct toy bull boats while learning about the uses of this traditional Indian watercraft.

February 18 - "Song and Dance" Participants learn some of the more popular dance steps from the Lewis and Clark period.

For more information, call interpretive center staff, (406) 727-8733.

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